

PATTERN NOTES



SYMBOLS IN THE PATTERNS

Figures in round brackets at the end of a round or row tell you how many stitches there are in that round or row. A few of the patterns require borders to be crocheted around the piece, such as the Bread loaf on page 22 and the Avocado on page 28. Crocheting borders is an inexact science, so in these instances you'll find the note 'stitch counts may vary', since the final stitch count does not need to be exactly accurate.

Round brackets amidst the round or row instructions indicate that all stitches enclosed should be worked into the same stitch.

Asterisks ** mean that all instructions in between them are to be repeated the stated number of times.

FINISHED SIZE

Each make is approximately 4cm (1½in) tall when using the yarn weights specified under 'Yarn'.

US/UK EQUIVALENT CROCHET TERMS

All the patterns in this book are written using US crochet terms. Some UK terms for crochet stitches differ from the US system, as shown below. Notably, the US single crochet is the UK double crochet.

US

single crochet **sc**
half double crochet **hdc**
double crochet **dc**
treble crochet **tr**

UK

double crochet **dc**
half treble crochet **htr**
treble crochet **tr**
double treble crochet **dtr**

ABBREVIATIONS

ch	chain
sc	single crochet
dc	double crochet
hdc	half double crochet
sl st	slip stitch(es)
st(s)	stitch(es)
TFL	through front loop
TBL	through back loop
tr	treble crochet
sc2tog	single crochet two together (decrease)
hdc2tog	half double crochet two together (decrease)





BREAD LOAF

BREAD

Using cream yarn, make 9 ch. Work in turned rows.

Row 1: beg in second ch from hook, 8 sc, 1 ch, turn (8 sts).

Rows 2–7: 1 sc in each st, 1 ch, turn (8 sts).

Row 8: 1 sc, 1 hdc, (1 dc, 1 hdc) in the same st, 2 sl st, (1 hdc, 1 dc) in the same st, 1 hdc, 1 sc (10 sts).

Finish off and weave in the end. You now have a square piece.

Attach brown yarn to the top left corner and beg working in the round.

Round 9: beg with the top left corner, work a border around the square piece. Work 1 sc in each row end, then 3 sc in the corner. Along the bottom, work 1 sc in each ch, then 3 sc in the corner. Along the right side, work 1 sc in each row end. Along the top, work

1 sc in each st, but sl st in each of the two middle sl sts from row 8 (5 sts along each side, 7 sts along bottom, 10 sts along top, 2 x 3 sts in the bottom corners, 33 sts in total – stitch counts may vary). Switch to light brown yarn.

Rounds 10–13: 1 sc in each st (33 sts).

Finish off, leaving a 60cm (24in) tail for sewing. Insert two 4mm (1/8in) safety eyes into the cream square, with 3 sts between them. Using black embroidery thread (floss), embroider a short line between the eyes to form a mouth.

Using cream yarn, make another square piece following the instructions for rows 1–9. Finish off and weave in the end. Secure the piece inside the opening of the first bread piece by placing stitch markers at each corner. Using the long tail of brown yarn, whipstitch the cream piece to the opening, removing the stitch markers as you get to them. Stuff as you go.

ARMS (make 2)

Using cream yarn, make 3 ch.

Row 1: beg in second ch from hook, 2 sc (2 sts).

Finish off, leaving a tail for sewing. Sew to the front of the bread.

LEGS (make 2)

Round 1: using cream yarn, work 6 sc in an adjustable ring (6 sts).

Round 2: *2 sc, 2 sc in next st* twice (8 sts).

Finish off, leaving a tail for sewing. Stuff lightly and sew to the front of the bread.



AVOCADO TOAST



BREAD

Using beige yarn, make 9 ch. Work in turned rows.

Row 1: beg in second ch from hook, 8 hdc, 1 ch, turn (8 sts).

Rows 2–4: 1 hdc in each st, 1 ch, turn (8 sts).

Row 5: 1 sc, (1 hdc, 1 dc) in next st, (1 dc, 1 hdc) in next st, 2 sl st, (1 hdc, 1 dc) in next st, (1 dc, 1 hdc) in next st, 1 sc, do not turn (12 sts).

Switch to brown yarn. Continue in the round.

Round 6: work an hdc border around the piece, making sure to work 3 hdc in each of the corners (30 sts – stitch counts may vary).

Invisible finish off and weave in the ends.

AVOCADO

Round 1: using green yarn, work 6 sc in an adjustable ring (6 sts).

Round 2: *2 sc in next st* six times (12 sts).

Round 3: *1 sc, 2 sc in next st* six times (18 sts).

Round 4: *2 sc, 2 sc in next st* six times (24 sts).

Round 5: 1 sc, (1 hdc, 1 dc) in next st, 2 tr, 1 dc, 2 hdc, (1 hdc, 1 dc) in next st, 1 tr, 1 dc, 4 sc, 1 hdc, 1 dc, 3 tr, 1 dc, 1 hdc, 3 sc (26 sts).

Invisible finish off, leaving a tail. Sew the avocado to the top of the bread.

FRIED EGG

Round 1: using yellow yarn, work 6 sc in an adjustable ring (6 sts).

Round 2: *2 sc in next st* six times (12 sts).

Round 3: 1 sc in each st (12 sts). Switch to white yarn.

Round 4: 1 sc TFL in each st (12 sts).

Round 5: *1 sc, 2 sc in next st* six times (18 sts).

Round 6: *2 sc, 2 sc in next st* six times (24 sts).

Round 7: 1 sc, 1 hdc, 1 dc, 1 tr, 2 sc in next st, 1 dc, 1 hdc, 1 sc, sl st, do not finish round (10 sts).

Invisible finish off, leaving a tail. Sew the egg to the top of the avocado, lightly stuffing the yolk as you go. Insert two 4mm (1/8in) safety eyes between rounds 5 and 6 of the egg, with 3 sts in between. Using black embroidery thread (floss), embroider a 'V'-shaped mouth.





ONIGIRI

RICE

Round 1: using white yarn, work 6 sc in an adjustable ring (6 sts).

Round 2: *2 sc in next st* six times (12 sts).

Round 3: *1 sc, 2 sc in next st* six times (18 sts).

Round 4: *2 sc, 2 sc in next st* six times (24 sts).

Rounds 5 and 6: 1 sc in each st (24 sts).

Round 7: *3 sc, 2 sc in next st* six times (30 sts).

Rounds 8–11: 1 sc in each st (30 sts).

Round 12: *4 sc, 2 sc in next st* six times (36 sts).

Round 13: 1 sc in each st (36 sts).

Round 14: *4 sc, sc2tog* six times (30 sts).

Insert two 4mm (1/8in) safety eyes between rounds 6 and 7, with 4 sts in between. Using black embroidery thread (floss), embroider a 'V'-shaped mouth.

Round 15: *3 sc, sc2tog* six times (24 sts).

Round 16: *2 sc, sc2tog* six times (18 sts).

Stuff.

Finish off, leaving a tail for sewing.

Close the opening to form a line, then sew it shut using whipstitch. Gently pat into a rounded triangle shape.

NORI (seaweed)

Using black yarn, make 6 ch. Work in turned rows.

Row 1: beg in second ch from hook, 1 sc in each st, 1 ch, turn (5 sts).

Rows 2–16: 1 sc in each st, 1 ch, turn (5 sts).

Row 17: 1 sc in each st, 1 ch, do not turn (5 sts).

Work a sc border all around the nori, working 3 sc in each of the corners (52 sts).

Finish off, leaving a long tail for sewing.

Position the *nori* on the bottom half of the rice and sew into place using a running stitch. Bury the tails.

