

INSTRUCTIONS

LEG

Using smaller needle(s) and MC, CO 64(72, 80) sts as follows (alternatively, use your favourite stretchy cast-on):

Make a slip knot and place on needle as the first st, CO 1 st using the German Twisted Cast-On, *CO 1 st using the Long-Tail Cast-On, CO 1 st using the German Twisted Cast-On; rep from * until all sts are cast on.

PM for BOR and join for working in the round, being careful not to twist.

Rib Round: *k1, p1; rep from * to end of rnd. Work rib round a total of 13 times or until ribbing measures 2.5cm (1in) from cast-on edge.

Change to larger needle(s) and knit 1 rnd with MC.

Next Round: repeat 4 sts from round 1 of Fair Isle Chart to end of rnd.

Last rnd sets chart pattern. Continue to work from chart until rounds 1–14 have been worked a total of three times and then work rounds 1–7 one more time (or work until desired leg length), recording last chart rnd worked.

HEEL PLACEMENT

Work next rnd of chart for 32(36, 40) sts.

Using waste yarn, knit to BOR. Break waste yarn, leaving a tail. Slip the sts worked in waste yarn back to the LHN pwise.

Now using the working yarns, continue working the current chart rnd across the waste yarn sts to BOR. You have inserted half a rnd of waste yarn to the fabric that will be used later to work the heel.

Continue in chart pattern for approx. 5–7.5cm (2–3in) of the foot. Leave needle(s) and yarns in place and make a note of which chart rnd you have ended on.

Note: Working the heel next before finishing the foot will allow you to try it on for a more accurate fit. If you prefer, you can complete the sock's foot and toe and then work the heel; to do so, skip ahead to Foot.

HEEL

Note: you are now going to pick up sts above and below the waste yarn sts; the sts will be placed on needles without being worked (see Techniques for working the Afterthought Heel).

Using smaller needle(s), pick up the right leg of the first st directly below the waste yarn. Continue placing the right leg of every st below the waste yarn on your needle(s), then pick up 1 extra st in the corner for a total of 33(37, 41) sts. The extra st helps to close the gap created by the waste yarn.

Next, pick up the right leg of every st directly above the waste yarn, including 1 extra st in the opposite corner from before (66(74, 82) sts now on needle(s)).

Using a tapestry needle, tease out one end of the waste yarn and unravel the waste yarn sts until waste yarn is removed, making sure that all sts are safely on needles.